



Norris Dam State Park

(865-426-7461)
125 Village Green Circle, Lake City

The park occupies more than 4,000 acres on the shores of Norris Lake and surrounds Norris Dam. The park has deluxe and rustic cabins, two camping areas with a combined 75 camp sites. In addition the park has a full service marina, swimming pool, game room, tennis courts, volleyball court, playgrounds, a laundromat and primitive camping which can be reserved for groups. Caves, scenic valleys, sparkling streams, wildflower trails and a virgin forest with hiking trails are among the natural wonders of the Park. A park naturalist is on duty throughout the summer months to conduct a variety of planned programs and activities including guided tours, slide shows, and nature and history programs. Trail maps available.

Norris Watershed Hiking & Riding Trails (800-524-3602)

Experience spectacular views of Norris Lake and its surrounding hills and valleys as you hike, bike ride or horseback over 20 miles of woodland trails that meander through the watershed. Trail maps available.

Songbird Trail on Clinch River (800-524-3602) Norris

Enjoy walking or biking the wooded two-mile loop trail that meanders along the Clinch River from Norris Dam to the Nenoir Museum Complex and Norris Watershed. There are several access points for rafting, canoeing or fishing the Clinch River. Trail maps available.

River Ridge Farm (865-457-6774)
220 Mike Miller Lane, Clinton

Located on the banks of the Clinch River below Norris Dam, River Ridge Farm offers exceptional views of the Clinch River Valley and the Cumberland Mountains. You can enjoy a variety of experiences, which include fishing on the Clinch River, picnics, kite flying days, fall color and spring wildflower tours, guided horseback trail riding, draft horse pulled wagon rides all among a farm setting.

Creekside Stables (865-457-3755)
677 Miller Road, Clinton

Great place for boarding your horse, take horse riding lessons, attend a summer camp or just hanging out. There are over 100 acres available for the horse lover including three different size riding rings, trails to ride, and pastures to run across.

Sport Horse Center Arena - Horse Hotel (865-457-4109)
500 Miller Road, Clinton

If you are bringing your horse, the perfect place for them to stay is the horse hotel. They have heated wash bays, a nice turn out and pastures, a clean and secure facility as well as conveniently located three miles from 20 miles of trails.



- A - Songbird Trail**
- B - Norris Watershed**
- C - UT Forest & Arboretum**
- D - Savage Gardens**
- E - River Ridge Farm
Creekside Stables
Sport Horse Center**

North Cumberland Wildlife Management Area (800-332-0900)

In the Cumberland Mountains of East Tennessee lies 150,000 acres of wilderness waiting to be explored by outdoor enthusiasts. There are 600 miles of multi-use trails for hiking, mountain biking and off-roading. In addition, North Cumberland Wildlife Management Area is home to the only elk herd in the East. You will also encounter whitetail deer, wild turkey and beaver. The waters of the North Cumberland WMA offer bass and bluegill fishing. It is also a major breeding ground for the Cerulean Warbler, a songbird that is a candidate for listing on the federal endangered species list. Maps available.

Chuck Swan Wildlife Management Area (800-332-0900)

Situated on a peninsula in the center of beautiful Norris Lake, Chuck Swan Wildlife Management Area offers the ultimate outdoor experience. With over 24,000 acres of wilderness and more than 70 miles of trails, outdoor enthusiasts can hike, bike, horseback ride, ride off-road vehicles, fish and just sit back and enjoy all the many aspects of nature. Chuck Swan WMA also has boat access areas and three designated areas for camping in addition to a 55- and 100-yard firing range. Trail maps available.

Savage Gardens (865-426-6495)
318 Savage Garden Road, Lake City

Visit this 30-acre garden of many rare and sensitive wildflowers. There are also many towering limestone rock formations to explore. Open March, April and May.

North Ridge Trail (865-425-3450)
Oak Ridge

A national recreation trail, North Ridge offers 7.5 miles of light hiking through greenbelt land on the Northern Boundary of Oak Ridge. Visitors will enjoy the variety of wildlife and native plants. Trail maps available.

Coal Creek OHV Area (865-435-1251)
555 Windrock Road, Oliver Springs

72,000 acres of off-road adventure for the entire family with many picturesque views of East Tennessee's mountains and valleys. Explore over 250 miles of trails for riding ATV's, motor cycles, mountain bikes and horses in addition to four wheeling in Jeeps and Railbuggies and hiking. The Coal Creek OHV Area is the perfect place to see the Tennessee Valley Authority's 392 foot windmill farm. Maps, guides, camping facilities and ATV rentals available.

University of Tennessee Forest & Arboretum (865-483-3571)
901 S. Illinois Avenue, Oak Ridge

The arboretum has interpretive nature trails and ecological points of interest among its 250 acres featuring 2,500 plant specimens, which represent 800 species of trees, shrubs and flowering plants threaded by four nature trails. Trail maps available.

Haw Ridge Park (865-425-3450) Oak Ridge

Explore 28 miles of hiking, mountain bike riding, running, nordic skiing and horseback riding trails and five miles of shore line that offers access for canoeing. Haw Ridge's forest floor supports over 40 varieties of wildflowers and visitors will more than likely come across some type of wildlife from deer to blue heron to the rare tree goat. Haw Ridge is also a popular destination for orienteering and geocaching. Trail maps available.

For more information: Hitthetrails.net • 800-524-3602

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